

Allāh Azza wa Jalla so much likes His servant saying „Astaghfihullāh!“

»La Llāhu ashaddu faraḥan bi tawbati ‘abdihi, ḥīna yatūbu ilayhi min aḥadikum: Kāna ‘alā rāḥilatin bi arḍin falāh fa-nfalatat minhu wa ‘alayha ṭa‘āmahu wa sharābah, fa ayisa minha fa atā shajaratan fa ḍ-ṭaja‘a fī zillihā, qad ayisa min rāḥilatih, fa baynā huwa kadhālik idhā huwa bihā qā’imatan ‘indahu, fa akhadha bi khiṭāmiha, thumma qāla min shiddati l-faraḥ: “Allāhumma anta ‘abdī wa anā rabbuk“, akhta‘a min shiddati l-faraḥ!»

Wa kāna saiydina Muḥammad yastaghfiru l-llāh f l-yawmi akthara min sab‘īna marrah. Yajibu ‘alayna an naf‘ala dhālika ayḍan wa natūb, fa idhā fa‘alnā dhālika ḥullat mashā-kilana min nafsihā.

Wa mina l-jamīl wa mimmā yūṣā bih an naqūla qabla ṣalāti ṣ-ṣubḥ mi’ata marra:

»Subḥān Allāhi wa bi-ḥamdihī, subḥān Allāhi l-Azīm Astaghfiru-Llāh.“

Thumma: »Astaghfir u-Llāha l-Āzīma min kulli dhanbin wa ma‘siyatin, wa min kulli mā yukhalifu dīna l-islām, wa min kulli mā yukhalifu sh-sharī‘ah, wa min kulli mā yukhalifu t-tarīqa, wa min kulli mā yukhalifu ma‘rīfa, wa min kulli mā yukhalifu ḥaqīqa, wa min kulli mā yukhalifu l-‘Azīma, yā Arḥama r-Rāḥimīn.

Thumma naqūl mi’ata marra:

»Astaghfiru-Llāha l-Āzīm wa atūbu ilayh.«

إِنَّ اللَّهَ يَغْفِرُ الذُّنُوبَ جَمِيعًا
إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ

»Allāh is more pleased with the repentance of His servant than one of you would be: If his mount had run away in a desert with all his provisions, and who, having already given up hope of finding it again and laid down in the shade of a tree, suddenly finds his animal, while lying there, dangling its reins right in front of him, and he says overjoyed: ,Oh Allāh, you are my servant and I am your Lord!’ whereby he promises himself out of sheer joy.«

(Muslim)

Sn. Muḥammad * has said „Astaghfiru Llāh!“ seventy times every day. We should do the same and regret a lot. If we do so, the problems of our lives will solved by themselves.

It is very nice and recommendable to say the following, for example, before the morning prayer a hundred times:

Koranic (39:53): »Say: „O creatures of God, those of you who have acted against your own interests should not be disheartened of the mercy of God. Surely God forgives all sins. He is all-forgiving and all-merciful.“«